



WOWGG NEWS

Women of Winchester Golf Group

May 2026

May Birthdays

DeeDee Owen (4)

Judy Heinrich (8)

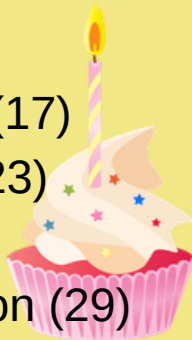
Debi Scott (12)

Leanne Burnfield (17)

Laura Campbell (23)

Kathy Hwang (26)

Heather Hockenson (29)



Rounds Posted in March

9ers - Bailey and Sue 11 Heinrich 10

18ers - Kline 12 Ramirez and Weiser

11 Neighbour and Saxby 10

Rounds Posted in April

9ers - Stephanie Bailey 8

18ers - MaiLy Ramirez 11

Robbin Weiser -10

IMPORTANT DATES

- May 4 - Board Meeting at 9 a.m. HOA
- May 5 - 9-Hole Clinic
- May 11 - Not Ready for Prime Time 4:30 p.m.
- May 13 - Nine and Dine WEDNESDAY
- May 14 - Past Captains' Tournament
- May 19 - Thursday play (Criss Cross game) on TUESDAY at 8:30 a.m.
- May 21 - Course Closed
- May 22 - Friday Night Fights 4:30
- May 28 - Beat the Pro (date change)
- June 4-5 - Sugar Pine Invitational
- June 6 - Saturday Match Play at home vs Valley Hi
- June 16 Sierra Gold at Catta Verdera

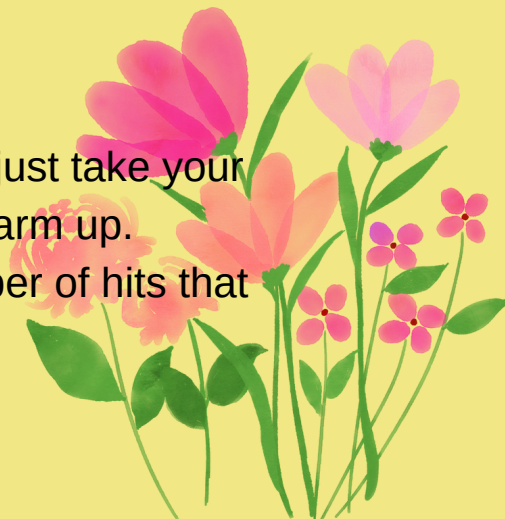


TIPS FROM TRACEY

Driving Range

If you only have a limited time on the driving range, just take your driver, iron (5, 6 or 7) and pitching wedge to hit to warm up.

Remember it is the quality of the shots not the number of hits that help prepare you for your round.





Around the Grounds

by Justin Saragueta, General Manager

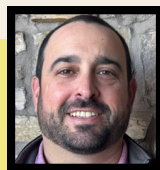
Hello All,

- Hole number 3 green project is almost halfway done and looking good for a full recovery.
- Once the rain passes we are set to start our bunker project next month.
- We purchased and installed new lights for the flag pole in the parking lot.
- We did electrical work for all the lights in the parking lot and around the outside of the clubhouse.
- Both saunas in the locker rooms had maintenance work down and some control panel updates
- New info boards are displayed in the gym, in-between the women's locker room and spin class room and also inside the womens locker room.
- New name plates are ordered for the women's locker room plaques.
- The Sugar Pine flags in the women's locker room- back locker room- have been moved to the main entrance.



Matt Johnson's Pro Thoughts

How Important is the Set Up in the Golf Swing?



The setup in the golf swing is often overlooked, but it quietly determines everything that follows. Before the club even moves, your grip, posture, alignment, and ball position are already shaping the shot. A poor setup forces compensations during the swing, while a solid one makes a good swing feel almost natural.

Grip is the golfer's only connection to the club, and even slight mistakes can affect clubface control. Too strong or too weak, and the face may close or stay open at impact. Posture is just as important—standing athletic and balanced allows your body to rotate freely. If you're too upright or bent over, your swing path and consistency suffer.

Alignment is another critical piece. Many golfers aim without realizing they're off target, which leads to swings that "fix" direction mid-motion. The body often follows where it's aimed, so proper alignment helps eliminate unnecessary adjustments. Ball position also plays a big role, influencing contact, launch angle, and trajectory.

The truth is, the setup acts as the blueprint for the swing. When it's correct, the body can move efficiently and repeatably. When it's off, even a technically sound swing can produce poor results. Great golfers pay close attention to their setup because they know it's the foundation of consistency, accuracy, and power.

THIS and THAT

- April 18 Saturday Match Play v Lake of the Pines results. Winchester 33 LOP 39
- New WOWGG 9 hole member Debi Scott (Doug Scott) 17349 WC Dr. 209 969-5258. debilove1217@gmail.com

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Send your ideas or pictures for inclusion in our monthly newsletter to Trisha at ruthnick@comcast.net

The Nine and Diners



The Spring General Meeting April 16

Captain Shelley
leading the
troops.



More Spring General Meeting pictures



Saturday Match Play at Lake of the Pines April 18



The after play socializing. (Best part!)

Team Winchester for the Day
A Team Gill Brown and Nikki Young
B Team Dorcas Reilly and Ann Kline
C Team Carrie McWilliams and Becky Saxby
D Team Trisha Ruthnick and Joellen Oslund